

Groton-Dunstable Middle School Athletics

Winter Sports Information

Middle School Winter Sports start the Monday after Thanksgiving. We offer boys and girls basketball for 7th and 8th grade students.

<u>Team</u>	<u>Coach</u>
Boys 7 th Grade basketball	Coach Dave Beaulac "Mentor"
Girls 7 th Grade Basketball	Coach Rich Hamilton
Boys 8 th Grade Basketball	Coach Matt Leblanc
Girls 8 th Grade Basketball	Coach Lisa Lapierre

Start Date for Winter Sports: Monday, November 30, 2009

In order for a student athlete to participate on the **first day** of practice/tryouts, **they must have:**

- 1.) Signed Release Form (found on the www.gdrsd.org website)
- 2.) Up to date physical (check with the Middle School Nurse)
- 3.) Appropriate clothing/equipment
- 4.) User Fee of \$200.00 (made out to GDRSD/User Fees)

Interested Participants should report to the following locations on Monday, November 30th

Girls 7th grade basketball to the MSS Gym from 2:45-4:15
Boys 7th grade basketball to the MSS Gym from 4:15-5:45
Boys 8th grade basketball to the MSN Gym from 2:45-4:15
Girls 8th grade basketball to the MSN Gym from 4:15-5:45

Physical Exam Requirements

A valid copy of your physical must be on file in the nurse's office before you can practice or participate in any sport. A physical is good for 13 months from the date of the exam. Please see Mrs. Stidsen, MS North Nurse, if you have any questions.

Other Information

If you have any questions or comments about Middle School Winter Sports, please contact the athletic department at 978-448-6362 x 1181.