

2008-2009 Immunization Requirements

- Preschool**
- 3 doses of Hep B
 - 4 doses of DTaP/DTP
 - 3 doses of Polio
 - 4 doses of Hib
 - 1 dose of MMR
 - 1 dose of Varicella
 - Lead screening

- Kindergarten**
- 3 doses of Hep B
 - 5 doses of DTaP/DTP
 - 4 doses of Polio
 - 2 dose of MMR
 - 1 dose of Varicella
 - Lead Screening

- Grades 1-6**
- 3 doses of Hep B
 - ≥ 4 doses of DTaP/DPT or ≥ 3 doses of Td
 - ≥ 3 doses of Polio
 - 2 doses measles, 1 mumps, 1 rubella
 - 1 dose of Varicella

- Grades 7-12**
- 3 doses of Hep B
 - 4 doses of DTaP/DPT or ≥ 3 doses Td; *plus* 1 Td booster
 - ≥ 3 doses of Polio
 - 2 doses measles, 1 mumps, 1 rubella
 - Varicella < 13 yrs. – 1 dose, > 13 yrs. – 2 doses
 - Meningococcal 1 dose for all new students (applies to residential schools only)

Physical Examinations are required for:

- Kindergarten entry
- Grades 3, 7, and 10
- Within 6 months of entry into the District
- Annually for all interscholastic sports programs – physicals are valid one year from the date of exam

GDRSD adheres to federal & state mandates regarding exemptions to these requirements.

School Health Personnel

Cam Huston
Director of Pupil Personnel Services

Russell Coleman, MD – Pediatrics West
School Physician

Karen Flynn, PNP – Pediatrics West
School Nurse Practitioner

Phyllis Lang, RN, NCSN
Nursing Coordinator

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Secretary
Deborah McDonald

Note: Fax lines are not dedicated.

Groton-Dunstable Regional School District

Health Services 2008-2009



“You cannot educate an unhealthy child and you cannot keep an uneducated child healthy.”

Dr. M. Jocelyn Elders
Former Secretary of Health

Brochure updated July, 2008

Sick Child Protocols

Students must remain at home or be dismissed for the following reasons:

- Incomplete immunizations as mandated by the Massachusetts Department of Public Health
- Vomiting or diarrhea - student may return to school 12-24 hours after last episode at the School Nurse's discretion
- Fever of 100⁰ F or more - students need to be fever-free for 24 hours before returning to school (without the use of fever reducing medicines such as Tylenol or Motrin)
- Suspicious rash – student may return to school with written documentation from healthcare provider certifying that the rash is not contagious
- Contagious bacterial disease (such as strep throat, conjunctivitis, impetigo, etc.) – students need to be on antibiotics for minimum of 24 hours before returning to school. Lice – students may return to school following proper treatment and head check by School Nurse. For more information please see the GDRSD Lice Policy.
- Serious illness or injury
- Uncontrollable cough

Please note: These are general guidelines and the School Nurse reserves the right to dismiss students who, in the Nurse's professional opinion, are possibly contagious or too ill/injured to be in school.

Also, in regards to lice, a no nit policy may be instituted by the school nurse in the case of persistent infestation or evidence of lack of compliance to this policy.

Please make sure both the Nurse's Office and the main office have current contact information for parents and another adult who can assume responsibility for the child if a parent cannot be reached. Parents are responsible for notifying the nurse of their child's significant illness, contagious disease, medical conditions and/or allergies.

Role of the School Nurse

The School Nurse promotes an optimum level of wellness for students and staff by:

- Serving as a bridge between the education and medical professions
- Providing emergency care
- Managing the care of students with special healthcare needs
- Administering medication
- Performing nursing procedures
- Maintaining student health records
- Ensuring compliance with Massachusetts Department of Public Health regulations
- Collaborating with school and community resources to promote learning, wellness, and safety
- Referring to and assisting families with community resources
- Providing information about health promotion, growth/development, and other health-related issues
- Conducting screenings and referrals for health conditions
- Participating in crisis management and intervention teams
- Advocating for child safety as a mandated reporter to the Department of Social Services

Screenings and Medications

School Sports Physicals are offered at the:

- High School – August, November, and March
- Middle School – November, March, and June

Vision Screening:

- Preschool
- Grades K-6, 8, and 10

Hearing Screening

- Grades K-3, 7, and 10

Scoliosis Screening:

- Grades 5-9

Height & Weight:

- Grades K-4, 7, and 10

Dental Health:

- Kindergarten – Classroom presentation and screening provided by dental hygienist
- Grades 1& 5 - Classroom presentation by dental hygienist
- Grades 2 and 4 – Dental cleaning and fluoride treatment done by a dental hygienist

Medications Administration:

- All students receiving medication in school (prescription and over the counter) must have written parental permission. In addition, a doctor's written order is required for medications which will/may be given for the entire school year, for a long term (more than 10 doses), or for medications for which the nurse deems a doctor's order necessary.
- All medicines must be in the original, pharmacy labeled container - baggies will NOT be accepted. A parent or responsible adult must drop-off and pick-up the medicine
- Students are NOT allowed to carry medicine to school on the bus or during school in their possession (backpack, purse, locker, etc.). Exceptions are for inhalers, EpiPens, or other emergency medications – providing that prior arrangement has been made with the nurse.